Issue: September 2016



Mississauga Figure Skating Club





NEW This Year

- ⇒ Pre-Junior Sessions are offered on Thursdays and Saturdays
- ⇒ Dance, Yoga & Fitness Sessions

Check our On-Line
Registration for Details
www.mississaugafsc.com

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MFSC September Newsletter

MFSC On-Line Registration For 2016-2017 Skating Season Is Now Open

Message from the President

Welcome back for another great 2016-2017 skating season at MFSC! We hope everyone had a wonderful summer, and now getting ready to start skating. We have many great events planned for you during this skating season. Please check on-line for more details. We also know that you are all eager to get back on the ice this fall, so here is some important information.



Online Registration — Three Simple Steps:

- 1. Go to our website <u>www.mississaugafsc.com</u>. Online registration steps are posted on the website in detail.
- 2. Create or update your member profile. Make sure to enter accurate email address, as this will be how you will receive information from the club.
- 3. Choose your Programs, review Club's Policies and check out.

CANSKATE Sessions

CANSKATE (Learn-to-Skate) Sessions will commence on Saturday September 17, 2016.

For the 2016-17 season we are offering fall, winter and spring **Canskate sessions on Tuesdays**, **Wednesdays**, **and Thursdays**, **and two sessions on Saturdays**. You can go on-line and download Fall & Winter Canskate schedule. The schedule and registration information for Spring Canskate will be available at a later date.

Sign up for multiple Fall and Winter sessions and receive a discount.

This year we continue offering Pre-Can, Canskate, Parent & Tot, as well as Adult Canskate Programs.

STARSKATE Sessions

In 2016-17 we are offering full season STARSKATE sessions throughout the week and on Saturdays. Sessions run September 2016-June 2017, commencing on **Saturday September 10**, **2016**. Just like the last year, this year we are offering Off-Ice Warm-Up sessions for ALL StarSkaters, Including Juniors, Intermediate and Senior Level Skaters, as well as Pre-Junior Skaters. These are professionally designed and aligned with our Off-Ice Fitness Program to deliver maximum benefit to our Skaters. In addition, **this year we have enhanced our Fitness program to also include Dance and Yoga lessons**.

Last year we piloted Pre-Junior skating sessions on Thursdays. As a result of a very successful pilot, we are now pleased to offer this program during this skating season on Thursdays and Saturdays. This program is designed for young skaters that have passed their Canskate Stage 4 and are working on their Canskate badges 5 or 6, giving them an opportunity to experience learning in a StarSkating type environment. Registration to participate in the Pre-Junior program is optional.

Upcoming MFSC Events this Fall:

- Sept. 10th—Open House to Celebrate opening of the Skating Season
- ♦ Sept 10th—MFSC Program Assistants Training
- Sept. 29th—MFSC Fall General Meeting of Members
- Nov 2nd—StarSkate Test Day
- ◆ Dec 16th—Holiday Ice Gala

Looking for a great way to advertise? Want to support a community group? Then become a Mississauga Figure Skating Club Corporate Sponsor!

Email us if you are interested. See details on our website.

As a club sponsor, your business benefits in several ways. Your company information is displayed prominently on our website www.mississaugafsc.com. We also provide an appreciation plaque that you can display at your business. Your business is mentioned in press releases, all Club's events and communications to parents.



THANK YOU

MFSC Corporate

Sponsors!





JOIN US FOR MFSC OPEN HOUSE

You are cordially invited to attend our MFSC Open House on Saturday, September 10, 2016 at Iceland Arena Rink 1

from 9:45 am to 11:45 am

Special Open House Features Include:

- 9:45—10:30 Open House Registration, Refreshments and Information Sessions about CAN-SKATE and STARSKATE Programs offered by MFSC
- ♦ 10:00—11:30 Face Painting Party by professional Face Painter from Clowns at Party California
- ♦ 10:30—11:30 Try-Out/Demo Fitness Session for Junior Star Skaters Conducted by professional Fitness Instructors from CE Physio
- 10:30—11:10 Try-Out Sessions* for NEW Young Canskaters and Pre-Cans starting from Age 3
 and Up with full Supervision from our Professional Coaches and PA Assistants. Check On-Line
 at www.mississaugafsc.com for details about our Canskate Program. It's a great way to start learning how to skate and have lots of fun.
- 11:10—11:45 Open House Family Skate*

*NOTE: Remember to bring Skates and Helmets. All beginner skaters must wear CSA approved helmet if they want to step on ice for the Try-Out Sessions and for the Open House Family Skate. Only the STARSkaters registered with MFSC are not required to wear helmets when they step on ice.

MFSC Program Assistants Training—Sept 10, 2016: MFSC StarSkaters that are 11 or older are invited to participate in MFSC Program Assistant (PA) training scheduled for Saturday September 10th. To get more information and to register for this free training, please email to register@mississaugafsc.com

SKATING LEVEL REGISTRATION INFORMATION

SKATING LEVEL	SESSION QUALIFICATIONS
Pre-CanSkate	Pre-Canskate (3 - 5 years old)
CanSkate	CanSkate (5 years and up, Stages 1 to 6)
CanSkate - Adult	18 years of age & up
Pre-Junior	Passed CanSkate Stage 4, Started working on Stage 5 or 6
STARSkate - Junior A	Passed Stage 6 CanSkate or Evaluated as having sufficient skills to pass Stage 6 Canskate
STARSkate - Junior B	One complete season in Junior A program and has a private coach
STARSkate - Intermediate	Passed one complete preliminary test (3 dances or Skills or Freeskate)
STARSkate - Senior	Passed Junior Bronze skills and Junior Bronze Dance and $\ensuremath{\mathcal{U}}$ of Freeskate

ONLINE REGISTRATION SYSTEM & PAYMENTS

- Our on-line registration systems benefits our members in being able to quickly and easily register and set up payment plans via credit card. (NOTE: payments are to be made by credit card only.)
- The Skate Canada membership fee is payable at registration. This fee is charged once per year and covers Skate Canada membership and insurance for the period September 1 of this year to August 31 of next year.
 - Program fees may be paid in full at registration, or by installments. Please refer to the "Registration Steps" posted on our website before completing your registration form.